The Center for Mindfulness in Medicine, Health Care, and Society University of Massachusetts Medical School Worcester, Massachusetts

Congratulates

Thomas John Doucende

on successful completion of all requirements for Teacher Certification in Mindfulness-Based Stress Reduction (MBSR)

The Center for Mindfulness recognizes Thomas John Doucende has successfully demonstrated advanced knowledge and an experiential understanding of the interventional elements of Mindfulness-Based Stress Reduction.



Director of MBSR Education and Curriculum Development

Suki F. Sanfordhi, EdD, MA Executive Director, CFM Associate Professor of Medicine